

Lake Quilters News

September 2025

PRESIDENT'S ADDRESS

Fall is on our doorstep and between everything being "pumpkin spice" flavored, the colors of harvest, and the cooler temperatures, there is so much to look forward to.

I am heading to Santa Fe, New Mexico for the month of September for some much-needed rest and inspiration. Jan EB has graciously agreed to step in to welcome our Guild workshop and program presenter, Paula Golden to this month's meeting at the Water Authority on Tuesday, September 16th. Paula is an excellent instructor, and her presentations are full of information. Enjoy!

I will see you in October for more sewing fun!

~Arlene

September General Meeting is on September 16, 2025 from 1p-3p at Water Authority

OFFICERS 2025

President: Arlene Blackburn

President Elect: Judy Edgeworth

Membership Chair: Bev Seaver

Membership Elect: Cindy Regan

Program Chair: Flo Hayes

Secretary: Lyn Coleman

Treasurer: Veronica Church

Publicity: Marsha Melkonian

WebMaster: Janet Webster

Editor – Ginger Brothers and Jan Emerick Brothers

If you have a question about a program, or a submission to the Newsletter please email vbrotther88@gmail.com before the 10th of each month.



Sunshine Updates:

Keep your fellow members in mind for any reason to request a guild card contact Ruthe at rploskunyak@outlook.com.

If anyone is interested in joining the Guild please fill out the 2025 Membership

Form.



Newsletter Quick Links

- [Calendars and Programs](#)
- [Board Minutes](#) and Free Patterns!
- [Call to Action - Community Outreach](#)
- [Charity and Fundraising](#)

Calendar and Programs

September 15, 2025 Water Authority 9:30 am to 3.30 pm OPEN SEW DAY. There will be kits available if someone wants to work on a charity item. However, this is just another fun day of fellowship and sewing. so feel free to bring your own projects. Come for part or all of the day and ENJOY the company of your fellow guild members

September 16, 2025 Water Authority 9:30 am to NOON Paula Golden is teaching paper piecing called A Day at the Beach. She will supply patterns and paper piecing items necessary for the class. Cost is \$35.00 and a few spots remain. Contact Flo Hayes - hayesflorence530@gmail.com or call 770 815 5702 to be added to the list.

Class OPEN!



October Programs

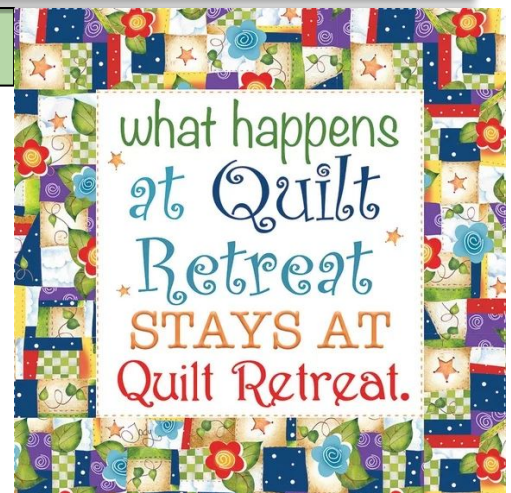
October 13 & 14, 2025 Water Authority 9.30 am to 3.30 pm. Melissa Cassel from Fork Mt. Quilt Shop is teaching the Catch All caddy. The cost of the pattern is included in the price of the class. There will be a need to prep some fabric prior to the class. Instruction will be sent to those who have signed up for the class. Space is still available for this class. Melissa will also be teaching us how to read the By Annie patterns as some folks have indicated they have difficulty following the instructions in the patterns. **The cost is \$25.00**

October 21, 2025 - Water Authority 1 pm. Todd Cassel will talk to us about how to keep our machines in good running order. There will be some limited items from the Fork Mt. Quilt Shop available for sale on that date. If you know of something you want from the shop, call Fort Mt. Quilt shop and ask them to bring the item on that date. Fork Mt. Quilt Shop no is 540-671-8234

2025 RETREAT

The Annual Retreat has only 2 spots left! All Day Spots have been filled!

Our annual Retreat will be held at the 4H Center here at the Lake Wednesday, October 22 through Sunday, October 26. New this year, we will offer day passes for those who wish to sleep in their own beds and bring their own food! We will offer 3 and 4 night options for those who wish to stay overnight with 2 meals each day.



LQG BOARD MEETING MINUTES – September 2nd, 2025

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| <ul style="list-style-type: none"> • Arlene Blackburn - President • Lyn Coleman – Secretary • Veronica Church - Treasurer • Sharon Cullen – Challenge | <ul style="list-style-type: none"> • Marsha Melkonian - Publicity • Janet Webster – Website • Jan Emerick Brothers – CORE and newsletter with Ginger Brothers |
|---|--|

- Arlene reviewed the upcoming scheduled **Board meetings** with locations:
 - 10/7 Moneta Library
 - 11/4 ? Perhaps Fork Mountain
 - 12/2 – Moneta Library
 - 1/6 – Moneta Library
- **1/20 GUILD MEETING – MONETA LIBRARY** (No Water Authority beginning 2026) Arlene will look into the SML Cinema location for meetings.
- Lyn asked the procedure for getting a donation receipt for items donated to the Ways and Means or Charity. It was explained to give a list of the items to Veronica and she will give a receipt.
- Veronica showed an LQG available balance of \$19,164.65 after subtracting Retreat funds collected. Bank balance 7/31/25 is \$24,223.66. We have already exceeded our 501c(3) goal. While this seems like a large sum, the budgeting allows us to go into a Quilt Show year with a cushion. Yearly bills for insurance (\$296) and storage unit (\$1,144.50) are paid effective 9/1/25 – 8/31/26.
- Quilt Show: Arlene and Laura will go to the Rocky Mount Farmers' Market on Wednesday 9/3 to meet with the new Marketing Director to discuss an Airing of the Quilts and locations for the Quilt Show. The show volunteer recruitment at the last meeting was successful, but when the date is firmed more individuals will be able to plan their calendars.
- We desperately need a Raffle Quilt Committee, as well as a Nominations Committee.
- We have volunteers for the following positions but would like to see more involvement from other guild members.
 - President – Judy Edgeworth
 - President Elect - ?
 - Past President – Arlene Blackburn
 - Treasurer – Veronica Church will continue
 - Newsletter – Marsha Melkonian
 - Secretary – Lyn Coleman but would like a Co-secretary/Back-up due to family considerations
 - Membership – Cindy Regan
 - Beekeeper – (Judy will be President)
 - Ways & Means – Cathy Fandel
 - Quilt Show 2026 – Laura Cox
 - Programs - ? (2-year position) Next year is already basically booked with just a few gaps.
 - Challenge - ?
 - Hospitality - ?
 - Charity – Ann Hoar will continue
 - CORE – Jan E Brothers will continue
 - Publicity – Marsha Melkonian will continue and combine with the newsletter
 - Webmaster – Janet Webster will continue

LQG BOARD MEETING MINUTES – September 2nd, 2025

- Suggestions/Information discussed:
- Maybe some guild members could attend a Newcomers meeting to talk about the guild.
- Could CORE coordinate with SMAC?
- Maybe a Youtube for a program where one member prepares to be able to help the group after watching a topic.
- A Charity Clarification that we only track our donations – we don't have specific goals other than trying to honor requests from the various agencies.
- Jan EB will lead the September guild meeting in Arlene's absence, and Arlene will prepare a Year-in-Review talk and newsletter piece for October.
- Jan EB booked 2 tables at the Moneta Library sale 11/22 10-3 with set-up 11/21 evening before. Need volunteers and items.
- Meeting ended at 2:45.

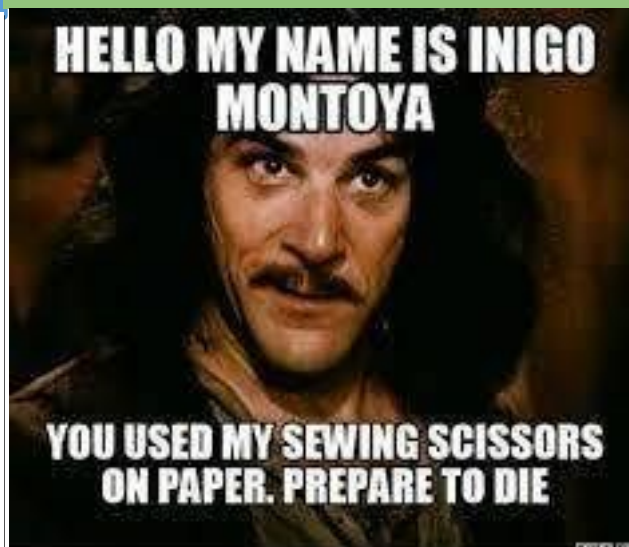
Free Block Pattern

3 of 4 Going on a Picnic
Block 9 - Summer Fruits

3.5" x 3.5"	3.5" x 6.5"	3.5" x 3.5"	3.5" x 3.5"
3.5" x 3.5"		3.5" x 6.5"	
	3.5" x 6.5"	3.5" x 6.5"	3.5" x 3.5"
3.5" x 3.5"	3.5" x 3.5"		3.5" x 3.5"

Block is 12.5" x 12.5"
IN the Quilt it is finished size 12" x 12"

Quilters Humor



Notes from the editor - This block is a perfect stash buster and is easy to streamline.

More notes from the editor: Does anyone else have nightmares from childhood where you used the wrong scissors on paper?

Upcoming Events and Call to Action

Community Outreach

- **CORE= Community Out Reach Events!** - CORE is for everyone, our Guild members and the general public. These free programs are open to the public to encourage growth in ourselves and in our community. Please consider attending these events to freshen your skills and invite new members.

9 Patch BEGINNER block class at WESTLAKE Library Saturday September 27th 9-1. You will need to register with the Westlake Library for this event. This is a beginner class to promote our guild and hopefully meet new folks interested in quilting. Helpers are welcome!

FRIENDSHIP STAR block on Thursday OCTOBER 18th 5-8 pm. Held at the Moneta/SML Library. Please encourage your friends and neighbors to come explore with us. Have them register at the Library. This beginner block class is designed to promote our Guild to the public and hopefully gain new membership.



Connections Challenge:

Ask your quilting buddy what life event they would like to turn into a quilt.

Ways and Means

Rulers, Rulers, and More Rulers!

Ways and Means has a more than a dozen rulers to sell this month thanks to a wonderful donation. Included are two Rapid Fire Hunter's Star rulers in the Petite and the Large size. Could a new Ruler inspire a new project for you or speed up a current one?

And, as always, there will be new fabrics, kits and notions to tempt you! Don't forget your cash or checkbook.

June and Cathy

Found On YouTube

Laura Cox shared this video with us a few weeks ago at the Lone Star Class and I thought it would be a point of inspiration for us all. One of my favorite quilters from "Just Get It Done Quilts" interviewed Jenni Smith and Kay Walsh. These ladies wrote an amazing sewing book called "Menopause Makes" which holds multiple sewing projects that invite us to address and even cope with times of transition in our lives. Please take the time to enjoy and giggle with this powerful interview. Bonus points if you buy the book and share it with the Guild!

Let's Talk About Menopause



With Jenni & Kay Create

Charity and Fundraising

Charity Report

In July charity delivered all the pet beds and blankets to Franklin and Bedford County Humane Societies. Thirty pillowcases were delivered to the Rocky Mount sheriff's department. At the August guild meeting, it was shared that prior to Covid the guild delivered pillowcases which was discontinued. We've started again, so that when a child is removed they have a pillowcase for their possessions. Also, at the guild meeting we decided to support a request for placemats. Meals on wheels has requested 100, so that when they deliver the meal, the table has a little decoration.

While we delivered NICU hearts in July, we already have another 10 sets. Additionally, we have requests for fidget quilts, lap quilts, quilts of honor. So most everything is welcome. We also have ornament fabric available to prepare for the holiday season.

We received three bins of fabric which we are sorting through. As a reminder, we have backing and batting available when your top is ready for quilting. And we are still working on getting labels. As a reminder, our 501(c) requirements require us to keep track of what we are making and what we are delivering. So please sign when you commit to making something and fill out the donation form when you return the project.

If anyone has an easy bear pattern or a pattern for a "hand pillow" please let us know.

Ann Hoar and Mary Colby

Charity Committee Co-chairs



Editorial: Stash Shaming and How to Stop It

Recently, there was a comment made at a quilt show about how stamp collectors are not asked to put their stamps on envelopes to use them. So why do quilters give themselves a hard time about using their stash? I have my reasons. Mainly, my grandparents grew up in the Depression. While I didn't get to know my dad's parents well before their passings, I did get to know my mom's dad, Arden. We have a sign in the house to this day that reads Arden's Rules. The rules read as "Use it up, wear it out. Make it do, or do without. If there is doubt throw it out but . . . when you have got it - ENJOY IT". The whole house tries to live to this standard and we thank Arden everyday. He bought mom her first machine at 14 years old. I learned how to sew on it too and we used that machine well.

What it boils down to is if buying fabric makes you happy, go for it. If burning through your scraps makes you happy, like me, make yourself happy. We as quilters need to stop shaming ourselves out of the joy in our craft. Has a man ever been judged by his friends for buying a large "toy"? You know the one I am talking about. In my family it's my father's new red truck that he barely touches for fear of getting a scratch on it, but will show off to the neighbors. My point is we are allowed to be human and enjoy life. So stop shaming yourself for buying or using something that makes you feel good! To quote Todd and Melissa Cassell (Fork Mtn Quilting) "Make your Heart Happy" and quilt on folks!